

SOUTHERN WELLS COMMUNITY SCHOOLS

BREAKFAST MENU

2023-24

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Week 1	Pancake wraps Fruit choice Milk	Mini Cinni Fruit choice Milk	Mini pancakes Fruit choice Milk	Pizza bagel Fruit choice Milk	Ham/cheese breakfast sand. Fruit choice Milk	
Week 2	Choc chip French toast Fruit choice Milk	Chocolate or grape crescent Fruit choice Milk	Snack-n-waffle Fruit choice Milk	Breakfast uncrustable Fruit choice Milk	Ham/cheese on croissant Fruit choice Milk	
Week 3	Mini waffles Fruit choice Milk	Apple or Cherry Frudel Fruit choice Milk	Sausage gravy on biscuit Fruit choice Milk	Breakfast pizza Fruit choice Milk	Sausage bagel sandwich Fruit choice Milk	
DATES	Week 1 8/7 10/30 8/28 11/20 9/18 12/11 10/9	Week 2 8/14 11/6 9/4 11/27 9/25 12/18 10/16	Week 3 8/21 11/13 9/11 12/4 10/2 10/23	MUST PICK ½ CUP FRUIT	MENU'S SUBJECT TO CHANGE	
	M-Pop tart option	T- Muffin option	W-Cereal bowl option	Th- Donut option	F-Banana or Blueberry bread	